About Us

Prenatal Case Management is a free program that offers guidance and support to families by connecting pregnant women to wellness services. The program promotes the health of pregnant women and their infants through assessments, education and referrals.

Hours

Monday - Friday
8 a.m. - 4:30 p.m.
By Appointment Only

Mission

Clay County Public Health Center’s mission is to deliver the essential public health services of prevention, promotion and protection to the communities of Clay County.

Vision

Empowering all people in Clay County to lead healthier lives!

Contact Us

800 Haines Drive
Liberty, MO 64068
p. 816-595-4358
f. 816-595-4396
clayhealth.com

Let’s Be Social

Clay County Public Health Center

@ClayMoHealth
Services Provided

- Assistance on finding a doctor for your prenatal care and also finding a doctor for your baby’s care
- Information on importance of prenatal care with regularly scheduled prenatal appointments
- Information on parenting tips, stages and changes of pregnancy and signs and symptoms of preterm labor
- Counseling on proper nutrition during pregnancy
- Healthy lifestyle changes during pregnancy, such as physical activity and smoking cessation

Who We Can See

- Uninsured and Medicaid-eligible pregnant women

Connections

Through enrollment in the Prenatal Case Management Program, the nurses are able to refer you to other resources, including:

- Breastfeeding counseling
- Child care
- Domestic violence
- Family planning/birth control
- Housing
- Immunizations
- Lead screening
- Prenatal and parenting classes
- Smoking cessation
- Substance abuse
- Transportation
- WIC

Prenatal Nutrition

Nutrition and weight management before, during and after pregnancy has a profound effect on the development of infants. This is a critical time for healthy fetal development and birth weight, as infants rely heavily on maternal stores and nutrients for optimal growth and healthy outcomes later in life.

Maintaining a healthy weight during pregnancy lowers adverse risks for infants, such as birth defects, as well as chronic conditions in adulthood.

Case Management and Temp Medicaid

Case Management and Temporary Medicaid application for eligible prenatal clients are services provided through the Women, Infants and Children (WIC) program.