



# Diabetes

Diabetes is the **7<sup>th</sup>** leading cause of death in Clay County.

## Adults 18 Years & Older with Diabetes

**10.4%**

Clay County

**9.6%**

Missouri

BRFSS (2013)

## Risk Factors for Type 2 Diabetes Include:

- Poor Diet
- Lack of Physical Activity
- Being Overweight (BMI >25)
- Diabetes during Pregnancy
- Family History of Diabetes

| Indicators  | Clay County      | Missouri         |
|---|------------------|------------------|
| Annual New Cases of Diabetes <sup>1</sup>                                       | 9.0 per 1,000    | 7.8 per 1,000    |
| Deaths with Diabetes as Underlying or Contributing Cause <sup>2</sup>           | 76.7 per 100,000 | 72.1 per 100,000 |
| Cardiovascular Diseases Deaths with Diabetes as Contributing Cause <sup>3</sup> | 17.2 per 100,000 | 14.6 per 100,000 |
| Lower Extremity Amputations in Persons with Diabetes <sup>4</sup>               | 2.4 per 10,000   | 1.7 per 10,000   |
| Emergency Room Visits with Diabetes as Principal Diagnosis <sup>5</sup>         | 1.2 per 1,000    | 1.9 per 1,000    |

1. CDC (2013) 2. MICA (2003-2013) 3. MICA- MO (2015) Clay (2014 & 2015) 4. MICA (2009-2013) 5. MICA (2013)

## % of Adult Diagnosed Diabetes by Year, 2004- 2014, CDC

